

## Sunday 20th Sep 2026

### **Riders aged under 18 MUST bring this form with them when they arrive.**

#### Terms and Conditions

1. If the rider is under 18 on the day of the event a Parent or Guardian must read these Terms and Conditions and sign and accept them on behalf of the rider.

2. I accept and agree that neither the organisers nor the officials, the landowner, sponsors or fellow participants shall be liable in any way or circumstances for any damage, injury or loss to me/my party that may occur in connection with, or as a result of, taking part in the event. I will abide by the rules of the event and agree that I participate in the event entirely at my own risk; and I am of sound mind and body, that I will ride within my capabilities and that the MTB I will ride is in good working order and properly maintained.

3. I understand that the entry fee is not refundable.

4. I understand and accept that the wearing of shell helmets complying to CE standards EN 1078 is mandatory.

5. I understand and accept that the event is not a race or a trial of speed but a personal challenge. I do not have priority over other road or off-road users. I will always ride sensibly and legally and with consideration to other riders and all other users of the Forest. I understand that the Forest of Dean woodland is also used by walkers, horse riders, and families with small children and dogs.

6. I understand that I will be out of mobile phone contact at times due to the nature of the countryside and I will be faced with natural hazards which do not have marshals overseeing them. I understand that I am not riding on a man-made course where hazards have been managed or ironed out. I am fit and healthy, and I understand that I need to be fit and healthy to take part in this event.

7. I understand and accept that if I do not abide by these Terms and Conditions that the organisers will have the right to remove me from the event.

8. For riders **UNDER 13 years of age: each child MUST BE accompanied by a parent or guardian**. I accept that I am wholly responsible for the safety of my child. I undertake to supervise him/her throughout the duration of the event. I have read the rules of the event and agree to comply with them, and to ensure that my child does too.

**I have read the above terms and conditions. I am the parent or guardian of the rider named below and agree to the rider named below taking part in the event.**

**Parent/Guardian Name**.....

**Parent /Guardian Signature**.....

**Rider's Name** ..... **Date** .....